

for 13 Sep

**Asia-Pacific Intergovernmental Meeting on the Third Review and Appraisal of the Madrid
International Plan of Action on Ageing
Bangkok, 12-14 September 2017**

Name of speaker: (Mr.) (Ms.) Pornsak Khorstwan

Country/Organization: IFRC

Please indicate the agenda item on which you wish to speak:

Agenda Item No: 3 (b) Advancing health and well being into elderly pop.
trainings of care providers and volunteers in communities

If you have a prepared statement, the Secretariat would find it most useful if you could kindly provide us with a copy, preferably in electronic format or hardcopy (typed or handwritten), for use by those listed below:

- Interpretation
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Please indicate if you wish to have statement return to you:

Yes []

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We are working in Cambodia and Thailand for Elderly Care and Elderly Self-Care in communities.



International Federation of Red Cross and Red Crescent Societies
 Fédération Internationale des Sociétés de la Croix-Rouge et du Croissant-Rouge
 Federación Internacional de Sociedades de la Cruz Roja y de la Media Luna Roja
 الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر

IFRC- Bangkok

(International Federation of Red Cross and Red Crescent Societies)

IFRC with Thai Red Cross and Cambodia Red Cross National Societies are working on “Healthy Ageing Program” by developing the Elderly Care guidelines and Healthy Ageing Toolkits for health care providers and community volunteers.

In Asia and Pacific, in Thailand, Thai Red Cross has been implementing the Elderly Care by care givers and Elderly Self-Care with using training module in two provinces in 2016. This year in 2017, Thai Red Cross is working on 12 provinces with the successful outcomes.

In Cambodia, by Cambodian Red Cross, we were piloting “Healthy Ageing” in 3 provinces by using the IFRC Health Ageing toolkits for conducting the Training of Trainers and Red Cross volunteers and then implementing the community outreach interventions in the villages.

For the long-term plan, IFRC with Red Cross and Red Crescent National Societies are planning to integrate “healthy ageing program” into the existing community based health program and provide the auxiliary role in supporting the local governments -Ministry of Health and Ministry of Social Development and Human Security and Welfare to provide the care and the support to the Elderly people and the vulnerable populations in communities.

Once again, Red Cross and Red Crescent Societies through its community network of volunteers is the best placed to promote healthy ageing. It is a part of our community health work using Community Based Health and First Aid approach and resources.

However, IFRC with Red Cross and Red Crescent National Societies need to reach further and more people. We can do that through partnerships with governments, community organizations and other partners.
